

The Doping Control Process





play true

The 11 Stages of Doping Control

SAME CONTROL

Your urine and/or blood can be collected **anytime and anywhere** for doping control.



You will be notified by a doping control officer (DCO) or chaperone about your selection for doping control. You will be asked to sign a form confirming that you understand your rights and responsibilities.



You will report to the doping control station as soon as possible.



You will choose a collection vessel from the selection provided.



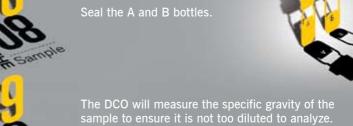
- A minimum amount of 90mL of urine will need to be provided.
- You will disrobe from knees to navel and from your hands to elbow to provide an unobstructed view of the passing of the sample.
- A DCO or chaperone of the same gender will observe the urine leaving your body.

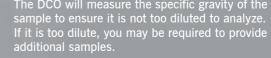




Choose a sample collection kit from the selection provided. Split the sample in the A and B bottles. Pour urine up to the line in the B bottle first. Next, fill the A bottle and leave a small portion in the collection vessel.









- providing personal information
- noting any substances you may be taking: prescription medication, over the counter medication and supplements
- noting concerns or comments, if you have any, about the doping control
- confirming the information, recorded numbers and sample code are correct
- signing and receiving your copy of the doping control form



Samples will be sent to a WADA accredited laboratory in strict confidentiality and will be tracked to ensure their security.

Your A sample will be analyzed and your B sample will be securely stored for further testing if required. The laboratory will send the results to the responsible anti-doping organization (ADO) and WADA.





You have the right to:

- have a representative and. if available, an interpreter
- ask for additional information about the sample collection
- request a delay in reporting to the Doping Control Station for valid reasons (as determined by the DCO)
- if you are an athlete with a disability, to request modifications to the sample collection procedure

Rights and Responsibilities

You have a responsibility to:

- remain within direct observation of the DCO/chaperone at all times from the point of notification until the completion of the sample collection process
- produce appropriate identification
- comply with sample collection procedures (failure to do so may constitute an anti-doping rule violation)
- report immediately for doping control, unless there are compelling reasons for a delay

■ DOPING CONTROL VIDEO

For a fun and informative review of the information presented in this flyer, check out WADA's Doping Control Video at:

www.wada-ama.org/en/Education-Awareness/Tools/Doping-Control-Video

In the case of any discrepancy between this information and the World Anti-Doping Code, **the Code prevails**. This information is subject to change at anytime. Always check with your International Federation, National Anti-Doping Organization or National Federation for the most up-to-date antidoping regulations. July 2010



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